



What does Bloom's Prescription Insurance Concierge Program entail?

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ALONG WITH OUR CASH-BASED WEIGHT LOSS PROGRAMS, WE OFFER A COMPREHENSIVE INSURANCE PROGRAM TO PRESCRIBE MEDICATIONS THROUGH YOUR PRESCRIPTION INSURANCE PLAN. WE WILL WORK WITH YOUR INSURANCE TO SUBMIT THE NEEDED DOCUMENTATION FOR YOUR INSURANCE TO DETERMINE IF YOU ARE ELIGIBLE.*

Step 1: Inquire about your coverage

Reach out to your insurance company to find out if your plan covers prescription medications such as Wegovy, Zepbound, Contrave, or Metformin. If your plan does, ask your insurance provider what your copayment is, and any special criteria you need to meet to have the medications prescribed.

To learn about your coverage, visit your insurance plan's website, or contact the company via the number on the back of your insurance card. You specifically want to ask "does my plan cover Wegovy or Zepbound for weight loss?"

If you have commercial insurance through an employer and they don't opt in to obesity management medications (OMMs), you will not have coverage and will be best served via our cash-based weight loss programs.

Step 2: I have coverage & wish to have my weight loss journey managed by Bloom

Schedule a Weight Loss Consultation to meet with our nurse practitioner to discuss your current health status, medical and family histories, as well as a comprehensive discussion on the role of weight loss medications and the Bloom program options. We will discuss your insurance coverage and begin submitting the Prior Authorizations needed for prescriptive medication coverage.

Please note each insurance provider has their own criteria for medication coverage that can differ from FDA and medically indicated reasons for the prescribing of GLP-1 medications. House of Bloom Medical Aesthetics & its providers/staff cannot guarantee coverage or verify coverage.

Step 3: Await Insurance Approval & Enroll in Bloom's Concierge Weight Loss Program

Our nurse practitioner will prescribe the medication based upon evaluation of your medical history with a written plan for in office follow-up and support. Our provider will also submit the necessary paperwork for insurance pre-authorization for brand name medication to your insurance company for the medication to be filled at your selected pharmacy. You will receive notification once the authorization has been granted. Follow-up with your pharmacy for medication availability. You will also be enrolled in our concierge weight loss program with scheduled in office follow-ups, monthly InBody composition analysis and monthly MICB12 shots. You will also be connected with a nutritionist and weight loss coach for a comprehensive plan on your wellness journey.

**Bloom providers & staff cannot guarantee your selected pharmacy will have the prescribed medication in stock, and also cannot be responsible for medication shortages or backorders. Please speak with your pharmacy directly.*

Pricing & Program Inclusions

One Time Enrollment Fee | \$450

Monthly fee (No Hidden fees!) | \$140/mo *BILLED QUARTERLY

Concierge Wellness Services | Customized and comprehensive health & wellness support, tailored to your individual health goals.

Prescription Medications like Wegovy, Zepbound, Contrave, Metformin, and Topiramate **covered by your insurance** (Our of pocket co-pay not included).

Unlimited in-office or telemedicine follow-up visits (No weekly required office visits).

Management of **Prior Authorizations** needed for prescription coverage.

Monthly **InBody** body composition scan & MICB12 injection per month (\$45 value).

Virtual **Registered Dietician** support with **Brittany Watkins, Happy Body Wellness** & team.

Online access to virtual **Weight Loss Coaching** with **Weight Loss by Brittany**.

*Not all insurance plans offer weight loss medication coverage. Bloom Medical Aesthetics advises patients to reach out to their carrier to determine if they have coverage. Each insurance carrier's criteria for coverage varies and is unique to the individual plan. We do not bill insurance, however many patients are able to use their FSA/HSA cards. Prices subject to change.



What does Bloom's Mail-Order Prescription Concierge Program entail?

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ALONG WITH OUR CASH-BASED WEIGHT LOSS & INSURANCE CONCIERGE PROGRAMS, WE OFFER A COMPREHENSIVE NAME BRAND MAIL ORDER PROGRAM TO PRESCRIBE BRAND NAMED WEGOVY & ZEPBOUND MEDICATIONS THROUGH THE DRUG MANUFACTURERS MAIL-ORDER PHARMACY WITHIN COMMERCIALY AVAILABLE DOSING GUIDELINES.

Step 1: Complete Pre-Screening Consultation

Schedule an in-office consultation with our nurse practitioner to review your medical history, eligibility, and health status. Have an InBody Composition scan performed and reviewed. If it is determined you would benefit from GLP1 medications, let our Bloom provider know that you would like to have name brand Wegovy or Zepbound prescribed.

Step 2: Enroll in House of Bloom's Mail-Order Concierge Weight Loss Program

After your schedule weight loss consultation submit payment for the one time enrollment fee as well as your first quarter monthly dues for ongoing support and management. Your House of Bloom provider will then begin submitting the documentation needed for the selected prescriptive mail-order medication.

Step 3: Await Arrival of Your Medication

Zepbound or Wegovy mail-order pharmacy will contact you directly for your medication payment for a one month supply of medication. Upon receipt of your payment directly to the pharmacy, your medication will ship directly to your doorstep. Monthly medication fees are not inclusive of the services and care provided by House of Bloom Medical Aesthetics and are paid directly to the pharmacy, our providers and staff have no direct contact with the pharmacy for any shipping or billing concerns and should be directed directly to the respective pharmacy.

Step 4: Utilize the Support Tool Box & Follow-ups at House of Bloom in person at least every 3 months *

Our provider team is available to guide and support you along your journey, as well as help you manage side effects. Once you are enrolled in our concierge weight loss program you will be able to have as needed and scheduled in office follow-ups, monthly InBody composition analysis scans and monthly MICB12 shot. You will also be connected with a nutritionist and weight loss coach for a comprehensive plan on your wellness journey.

**GLP naive patients will need to be evaluated in person every 4 weeks, once you move to maintenance then in person visits will be spaced every 3 months or less if needed.*

Pricing & Program Inclusions

One Time Enrollment Fee | \$450

Monthly fee (No Hidden fees!) | \$140/mo *BILLED QUARTERLY

Concierge Wellness Services | Customized and comprehensive health & wellness support, tailored to your individual health goals.

Prescription Medications Wegovy or Zepbound, sent to manufacturer's mail-order pharmacy (Cost of medication not included).

Unlimited in-office or telemedicine follow-up visits (No weekly required office visits).

Management of **Prescription Authorizations** needed throughout enrollment.

Monthly **InBody** body composition scan & one MICB12 injection per month (\$45 value).

Virtual **Registered Dietician** support with **Brittany Watkins, Happy Body Wellness** & team.

Online access to virtual **Weight Loss Coaching** with **Weight Loss** by **Brittany**.

*For those patients who desire management and support of their journey with name brand medications Zepbound or Wegovy. Cost of medications varies and is determined by Novonordisk Pharmacy for Wegovy and by EliLilly Pharmacy for Zepbound. House of Bloom Medical Aesthetics advises patients of costs based upon published data by the manufacturers, but cannot be held liable for any discrepancies, changes, or updates. We do not bill insurance, however many patients are able to use their FSA/HSA cards. Prices subject to change.